



Chenrezig Tibetan Buddhist Cultural Center

2117 E Yandell, El Paso, Texas, 79903

www.ctbcc.org

ctbcc123@gmail.com

CTBCC Newsletter

October 2017

THE PRESIDENT'S CORNER

Dear Dharma friends,

Losang Samten, our spiritual director, will be returning to El Paso in October to give us Heart Sutra teachings and a Green Tara empowerment and blessing! Everyone is welcome to attend these precious teachings and practices of the Buddha!

We also have a pet blessing listed below and see page 2 for more teachers and teachings in November!

Note: Our website URL is now www.ctbcc.org instead of .com.

Fundraising Event

People's lives have been severely impacted by the recent earthquake in Mexico and hurricanes Harvey (Texas), Irma (Florida) and Maria (Puerto Rico). Many have lost everything they had -- their jobs, health, pets, friends, families, homes, and more. Please join us on Friday, October 20, as we will be hosting a Disaster Relief

Fundraising Dinner to help those in need.

We will be selling tickets online at **ctbcc.org** and at the Center located at 2117 E Yandell. Tickets need to be purchased prior to the dinner (Friday noon) to obtain a count for the dinner. See page 2 for the dinner location, time, and cost.

Your friend in the Dharma,
Helga Carrión
President, CTBCC

Om Mani Padme Hung



Mission Statement: CTBCC is a non-sectarian and non-profit organization dedicated to sharing the Dharma with El Paso, and the surrounding area. Our mission is to stimulate the cultivation of compassion and loving-kindness based on the philosophy and methods taught by His Holiness the 14th Dalai Lama.



The Dalai Lama

Our Spiritual Director



Venerable Lama
Losang Samten

Losang Samten is the Spiritual Director of the CTBCC in El Paso, TX. He has been sharing teachings of loving-kindness, joy and compassion, as well as the path to enlightenment for almost 30 years.

For more information, go to ctbcc.org / more / spiritualdirector or visit his website at losangsamten.com.



Buddhist Pet Blessing Event

When: Saturday, October 7, 9:00 am
Where: Chamizal Memorial, 800 S San Marcial St (at the First Amendment area – east of the visitor's center)

What: Raul Ruiz will recite some mantras and then folks and their pets will walk around an altar. Visit our **Facebook page** for more information. Bring your pets and help them have a better rebirth!

RSVP before October 5 by sending an Email to ctbcc123@gmail.com with subject "RSVP Pets Blessing" and the number of pets and people who be will attending.

Cost: Free

Shen Phen Project: Visit our website at ctbcc.org to make a donation for our Shen Phen Dharma Center Fund!

OCTOBER TEACHINGS

Losang Samten

| TEACHINGS | DAY | DATE | TIME | COST* | LOCATION | DESCRIPTION |
|---|-----|--------|----------------|----------|---|---|
| Heart Sutra – Oral Transmission and Teachings | Mon | Oct 16 | 6:30 – 8:00 pm | \$10.00* | CTBCC 2117 E Yandell, El Paso, TX | The <i>Heart Sūtra</i> , belonging to the Perfection of Wisdom (Prajñāpāramitā) category of Mahāyāna Buddhism literature, has been part of the daily life of millions of Buddhists. |
| | Tue | Oct 17 | 6:30 – 8:00 pm | \$10.00* | | |
| | Wed | Oct 18 | 6:30 – 8:00 pm | \$10.00* | | |
| Green Tara Empowerment and Blessing  | Thu | Oct 19 | 6:30 – 8:00 pm | \$10.00* | CTBCC 2117 E Yandell, El Paso, TX | Tara is a female Buddha, the beautiful embodiment of fearless enlightened wisdom. Green Tara means 'liberator' in that she liberates all beings from fear and suffering. |

* Suggested donation, but no one will be turned away due to lack of funds. We welcome you to the teachings!

SPECIAL EVENT IN OCTOBER

What: Fundraising Dinner for Disaster Relief
When: Friday, October 20, 6:00 pm – 10:00 pm
Where: Historic Little Temple, 906 N El Paso Street, El Paso, TX
Cost: \$20.00 per person
Purpose: To raise funds for those affected by the recent natural disasters
Donations: Proceeds from the sale of tickets and donations will be distributed to organizations handling the relief efforts.
 This is a good opportunity to practice compassion and generosity!



"Do not take lightly small good deeds, believing they can hardly help, for drops of water, one by one, in time can fill a giant pot."
Patrul Rinpoche



Losang Samten

Dinner and Talk: Losang Samten will prepare a traditional Tibetan / Indian meal. He will also give a talk on Practicing Compassion in the Midst of Natural Disasters



Soo Kyong Kim

Entertainment: Soo Kyong Kim will provide the musical entertainment. She received her training at the Juilliard School where she earned her Bachelor and Master of Music Degrees. She has played the viola professionally in Europe, Asia, and the U.S.

TEACHINGS IN NOVEMBER (Visit our website at ctbcc.org for current information regarding our teachings and events.)**Alan Murillo**

| DAY | DATE | TIME | TEACHINGS | COST | LOCATION |
|-----|-------|----------------|--|---------|------------------------------------|
| THU | NOV 2 | 6:30 – 8:00 pm | Compasión, ¿es posible en un mundo de violencia? / Compassion...is it possible in a violent world? * | \$10.00 | CTBCC, 2117 E Yandell, El Paso, TX |
| FRI | NOV 3 | 6:30 – 8:30 pm | Como manejar las emociones aflictivas / How to deal with afflictive emotions. * | \$10.00 | CTBCC, 2117 E Yandell, El Paso, TX |

* Alan will do his own translating in English and Spanish, and vice versa.

Kien Lim

| DAY | DATE | TIME | TEACHINGS | COST | LOCATION |
|-----|--------|----------------|---|--------|------------------------------------|
| WED | NOV 22 | 6:00 – 7:30 pm | Amitabha practice on Thanksgiving's eve | \$5.00 | CTBCC, 2117 E Yandell, El Paso, TX |
| THU | NOV 23 | 6:00 – 7:30 pm | White Tara practice on Thanksgiving evening | \$5.00 | CTBCC, 2117 E Yandell, El Paso, TX |

WEEKLY CLASSES AT CTBCC 2117 E Yandell, El Paso (Note: \$5.00 cost per session)

| WED | FRI | SAT | SUN |
|---|--|--|--|
| 6 pm – 7:30 pm Deity Practices \$5.00 per session | 6:30 pm – 8 pm Introducción al Budismo Tibetano (en Español) \$5.00 per session. Introduction to Tibetan Buddhism (in Spanish) | 10 am – 11:30 am Intro to Buddhism / Meditation \$5.00 per session | 11 am – 11:45 am Shamatha Meditation \$5.00 per session 12 pm – 1:30 pm Bodhicaryavatara: Guide to the Bodhisattva Way of Life by Shantideva \$5.00 per session |

* Visit our website at ctbcc.org for current information regarding our weekly classes.

CTBCC MEMBERSHIP OPPORTUNITIES**Monthly Membership:**

Treasure Vase \$10/mo
 Triple Gem \$25/mo
 Bodhi Tree \$50/mo
 Snow Lion \$100 or more/mo

Annual Membership:

Family \$200/yr
 Individual \$120/yr
 Student or Senior \$60/yr

CTBCC Donation: Visit our website at ctbcc.org to make a donation in any amount by Paypal, or you can address a check to CTBCC and mail to CTBCC, 683 Bluff Canyon, El Paso, TX 79912. Your donation to CTBCC is a tax deductible donation as allowed by law as a contribution to a 501(c)(3) organization.

NEWSLETTER

This newsletter is a publication of the
CHENREZIG TIBETAN BUDDHIST CULTURAL CENTER
 A non-profit organization in El Paso, Texas
 2117 E Yandell, El Paso, TX 79903

BOARD OF DIRECTORS

Helga Carrión
 Robin Arney
 Teresa Gomez

President
 Vice President
 Secretary

Kien Lim
 Jorge Romero
 Raul Ruiz

Treasurer
 Education / Program Director
 Website / Publicity Director